



8th September 2021

Try-a-tri / Sat 18th Sept / £4 entry per child / deadline for entry 15th Sept

Dear parents,

Have your children been inspired by the athletes competing in the Tokyo Olympics and Paralympic Games this summer? Do they want to emulate the successes of their favourite sports star? Have they just got too much energy and need to get out and swim, cycle and run their best, to win a medal for their efforts?

In which case, the PTA can help them reach their goals.

Applications for the 2021 Try-a-tri are now open.

In order to join, once your child has arranged a team of 3, one swimmer, one cyclist and one runner and come up with a team name, please follow the link below to the PTA Try-a-tri online application form to enter your child in their race. Each parent or carer should enter their child separately, so there will be 3 applications per team.

[PTA Try-a-Tri 2021 Application Form](#)

Teams will compete against others from the same school group (Lower, Middle and Upper), teams can be made up of participants from within the same school group, they don't have to be in the same class or year. Girls and boys can participate in the same team.

Important Times

Timetables for the event are as follows.

Teams	Registration	Race briefing	Finish times
Foundation & Lower School	11:00 – 11:30	11:40	13:30
Middle School	12:30 – 13:00	13:10	15:00
Upper School	14:00 – 14:30	14:40	16:00

With a trophy presentation for each 1st, 2nd and 3rd place team of the year groups at 16:00

Catering

There will be food and drink available to purchase from the PTA during the day, including a licensed bar, ice creams and candy floss.

Race distances for this year

Teams	Swimmers	Cyclists	Runners
Foundation & Lower School	3 widths – 22.5m	1 lap – 500m	1 lap – 350m
Middle School	1 length – 17m	2 laps – 1km	2 laps – 700m
Upper School	3 lengths – 51m	3 laps – 1.5km	3 laps – 1km

Changes to the Swim event this year

LS / Foundation 3 widths – they can walk across the shallow end of the pool, or travel across however they like.

MS 1 length

US 3 lengths

We have reduced the distances of the Swim race this year, as during lockdown, swimming pools were closed and children have not been having regular swimming lessons.

We want to make this event as inclusive as possible, so by reducing the lengths for Middle and Upper school swimmers and allowing all participants to use any floats or swimming aids they wish to complete their race, if the swim aids used are not a safety risk to themselves or other competitors.

We are aware that there are some keen swimmers who would prefer longer distances to swim, therefore we will look to increase the distances for swimming for the Try-a-Tri in June 2022.

Changes to the event this year in response to the Covid-19 restrictions

As there continue to be cases of Covid-19 transmitted in the community, we want to take steps to minimise the risk of potential infections at the event, so we advise all adults to wear face coverings while moving around the site and while queuing in busy areas such as in the registration area, while waiting for food and when using bathroom facilities.

Additional hand sanitiser will be available at the event, we advise all participants and spectators to continue to wash hands frequently as you move around the school site.

If you or your child, develops key Covid-19 symptoms (continuous cough, high temperature, loss of taste), we ask that you do not attend the event until you receive a negative PCR test result, or after 10 days have passed since the symptoms started.

If you or your child develops any key symptoms while at the event, we ask that you observe government guidance and self-isolate and seek to take a PCR test.

Please continue to stay safe and be aware that others may be less comfortable in mixing in large groups and require more personal space.

Queries:

Please may we remind you that the Try-a-Tri is a PTA event and therefore teaching staff and office staff are not involved with the organisation. Teachers will not be able to help your child find team mates and office staff cannot help with entering your child or answer questions about the event. Everything you need to know about the Try-a-Tri can be found on the PTA website, or if you have any queries please contact tryatri@aldryngtonpta.com.

Many thanks
Try-a-Tri Team